Esser Masterclass Fractures

**Thursday “Hand and CMC”**

**0800**

Registration

**0900**

Welcome

**0905**

Conservative treatment in hand fractures

**0920**

Operative treatment proximal phalangeal fractures

**0935**

Acute and chronic fracture dislocation PIP joint

**0950**

Post-traumatic stiffness of the hand and wrist

**1020**

*Skillslab: approaches and plating of phalangeal fractures*

**1130**

*Skillslab: Suzukitraction, ligamentotaxor*

**1200**

**LUNCH**

**1230**

Treatment of malunion of metacarpal and proximal phalanx

**1245**

Bennett, Rolando fractures

**1300**

Dislocation fractures CMC 4/5

**1400**

*Skillslab: corrective osteotomy phalanx MC*

**1445**

*Skillslab: approaches to the base of the thumb rolando bennett*

**1530**

*Skillslab: approach to the CMC 4 and CMC5*

**1600**

*Skillslab: Fractures of the hamate*

**1800**

**Esser masterclass diner**

**Friday “Wrist and forearm”**

**0800**

Carpal dynamics

**0815**

Scaphoid fractures

**0830**

SL ligamentous injury

**0845**

Greater, lesser and inferior arc injuries

**0900**

TFCC

**0915**

*Skillslab: Compression screw fixation scaphoid*

**0945**

*Skillslab: Dorsal and palmar approach to the carpus*

**1030**

*Skillslab: Plating of the scaphoid*

**1100**

*Skillslab: Reinsertion SL / 3LT*

**1145**

*Skillslab: open TFCC approach and fixation*

**1230**

**LUNCH**

**1315**

Pediatric wrist fractures

**1330**

Distal radius (and ulna) fractures in adults

**1345**

Galleazi, Monteggia fractures

**1400**

Longitudinal radio-ulnar instability ( Essex Lopresti)

**1415**

Fasciotomy

**1430**

*Skillslab: volar and dorsal plating distal radius*

**1530**

*Skillslab: distal ulna fractures*

**1600**

*Skillslab: approach elbow and relation to the nerves*

**1700**

*Skillslab: decompressions and fasciotomies*

**1730**

Closing remarks, group photo and certificate.

**1745**

**Drinks**